

## Urticaria

CHI Formulary Treatment algorithm

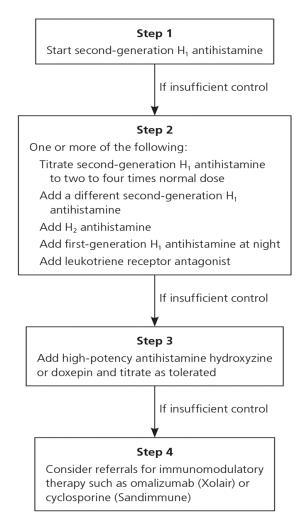
Treatment algorithm- December 2023

Supporting treatment algorithms for the clinical management of urticaria

Figure 1 outlines a comprehensive treatment algorithm on the management of Urticaria aimed at addressing the different lines of treatment after thorough review of medical and economic evidence by CHI committees.

For further evidence, please refer to CHI **Urticaria** full report. You can stay updated on the upcoming changes to our formulary by visiting our website at <a href="https://chi.gov.sa/AboutCCHI/CCHIprograms/Pages/IDF.aspx">https://chi.gov.sa/AboutCCHI/CCHIprograms/Pages/IDF.aspx</a>

Our treatment algorithm offers a robust framework for enhancing patient care and optimizing treatment outcomes across a range of treatment options, holding great promise for improving healthcare delivery.



NOTE: If symptoms are severe, a short course (3 to 10 days) of systemic corticosteroids (e.g., oral prednisone, 0.5 to 1 mg per kg per day) may be added at steps 1. 2. or 3.

Figure 1: Management of Urticaria

<sup>&</sup>lt;sup>1</sup> American Academy of Family Physicians (AAFP) Guidelines for the Management of Acute and Chronic Urticaria (2017)